

## Bath & North East Somerset Council

MEETING:	Healthier Communities and Older People Overview & Scrutiny Panel
MEETING DATE:	18 <sup>th</sup> January 2011
TITLE:	Young People's Substance Misuse Services Briefing
WARD:	ALL
<b>AN OPEN PUBLIC ITEM</b>	
<b>List of attachments to this report:</b>	
None	

### 1 THE ISSUE

1.1 This is a briefing on young people's substance misuse issues in B&NES, including ketamine use.

### 2 RECOMMENDATION

The Healthier Communities and Older People Overview & Scrutiny Panel is asked to note the report.

### 3 FINANCIAL IMPLICATIONS

3.1 None.

### 4 THE REPORT

#### THE PREVALENCE OF SUBSTANCE MISUSE AMONG YOUNG PEOPLE

4.1 It is difficult to quantify the extent to which local young people misuse drugs and alcohol.

4.2 In a recent survey, 12.9% of B&NES pupils in years 6, 8 and 10 reported frequent use of drugs and / or alcohol (Tell Us 4, 2009-10). Frequent use is defined as being drunk and / or having taken illegal drugs or volatile substances twice or more in the last 4 weeks. This result was not significantly different from the previous year's result of 10.8% and in line with national Tell Us results (9.8%) and the average for similar authorities.

4.3 11% of pupils in the survey responded "Yes" to the question "Have you ever taken drugs?", 86% responded "No" and 3% did not want to say.

4.4 Research published in 2010 by the NHS Information Centre indicates that smoking, drinking and drug use among school children is generally on the decline (Fuller and Sanchez 2010, link below).

<http://www.ic.nhs.uk/statistics-and-data-collections/health-and-lifestyles-related-surveys/smoking-drinking-and-drug-use-among-young-people-in-england/smoking-drinking-and-drug-use-among-young-people-in-england-in-2009>

This report details findings from an annual survey which took place across 247 English secondary schools in 2009 and surveyed nearly 7,700 pupils aged 11-15, representing an estimated population of around 3.1 million pupils

It found:

- The percentage of 11 to 15 year-olds who had ever taken drugs stood at 22% in 2009, compared to 29% in 2001 (the first year in which the current method of measuring drug use was used).
- The percentage who had tried smoking at least once was 29% – the lowest figure since the survey began in 1982 when it was 53%, and
- The percentage who had ever drunk alcohol was 51% in 2009 compared to 61% in 2003 from when the current downward trend in alcohol use began.
- While, overall, smoking, drinking and drug use has been declining among this age group, the report showed usage becomes more common as children get older.

4.5 As to the question of Ketamine, there is no hard data available on the extent of use by young people in B&NES. However, in the study mentioned above 0.6% of young people reported having tried Ketamine.

4.6 Since Project 28 opened in February 2005, 26 young people have been referred for specialist treatment because of ketamine use, 10 in the last year.

## **PROJECT 28**

4.7 In-volve is commissioned to deliver a range of targeted and specialist substance misuse services to young people in B&NES from Project 28, its base in Bath.

4.8 Since opening in February 2005, 588 young people have accessed specialist treatment at Project 28 for drug and / or alcohol problems. Outcomes for this particular cohort are closely monitored through the National Drug Treatment Monitoring System and there is evidence that Project 28 gets good results. In 2009/10, 50 out of 57 young people completed their treatment successfully (as defined by National Treatment Agency) i.e. left drug free or as an occasional user.

4.9 Project 28 also delivers a range of other preventative services. See figures for the period February 2005 to July 2010 below

Service Provided	young people helped
Brief interventions	664
Outreach	8,427
Harm reduction information/advice	4,781

Professionals attending 2 day training	288
Workshops in Schools, Colleges & Youth Clubs	176
Open access drop in	12,935
Music Programme	950
Information & advice for families	322

- 4.10 Project 28 is innovative in its approach. For example, it successfully applied to the Alcohol Education Research Council for funding to pilot a positive psychology group work programme for young people with outstanding results (see appended report: Project 28 - Five Years On). This programme has now been mainstreamed as part of the commission. More recently, the Project was also awarded Department of Health Innovations Funding to develop an alcohol brief intervention tool for young people. This is currently being rolled out, in particular to professionals working with young people in vulnerable groups.
- 4.11 Project 28 has a good track record of working with Commissioners to respond to identified local needs. For example, in 2010, in response to soft intelligence that young people were using ketamine in the Norton Radstock area, a satellite base was set up in the local college, thus making information, advice and referral into specialist treatment more accessible to young people living in the area.
- 4.12 There is a very clear framework for assessment, planning and performance management in relation to the needs of young people who require specialist treatment. The Children's Service brings together a multi-agency group to complete the annual Young People's Substance Misuse Needs Assessment, which in turn informs the annual Substance Misuse Treatment Plan. Both are submitted to and signed off by the National Treatment Agency (NTA) and are also used to inform the B&NES Children and Young People's Plan.
- 4.13 In-voice's current contract to deliver young people's substance misuse services ends 31<sup>st</sup> March 2011. Project 28 is a valued and well respected service and the intention is to extend this contract for a further year to March 2012 and then, to review the commission in preparation for a competitive tendering process for the 3 year period 1<sup>st</sup> April 2012 – 31<sup>st</sup> March 2015. At the time of writing this report the exact value of this contract has still to be determined. The budget comprises of numerous funding streams (see below) and not all settlements have been announced

#### 4.14 2010/11 Young People's Substance Misuse Budget

##### Sources of funds

HO YOT Substance Misuse through YJB	25809
NTA Treatment Plan	46902
HO Annual Contribution through Area Based Grant	30589
DCSF Annual Contribution through Area Based Grant	23884
Adult DAT Pooled Budget Contribution	43012

Community Safety (Incl. Reducing the Fear of Crime)	79000
PCT - Contribution Dr Pointing Clinic	12205
	<b>261401</b>
<b>Expenditure</b>	
Payments to Involve	241344
Children Looked After Prevention Target	3508
YOT Psychiatric Nurse & Resources	13290
PSHE Drugs Education	2000
	<b>260142</b>

## **WORK IN SCHOOLS AND COLLEGES**

- 4.15 LEA maintained schools in B&NES are well supported to address substance misuse issues. There is a full-time PSHE & Drug Education Consultant based within the School Improvement Team who provides consultation, training and support to schools and colleges. She also carries out direct work with young people when required.
- 4.16 The school nurse team is skilled at delivering substance misuse interventions, working directly with young people in schools and colleges.
- 4.17 Project 28 has a presence on Tuesdays at the Link (a special school for young people with emotional and behavioural difficulties) – seeing 4 -5 pupils a week. Also, a satellite base at Norton Radstock College on Wednesdays.
- 4.18 There is a good range of drug and alcohol education being delivered to young people in LEA Maintained Secondary Schools and FE colleges across the area. The programmes are outlined below:
- The PSHE & Drug Education Consultant and the Youth Strategy Officer (Avon and Somerset Police) deliver a drugs awareness training programme to pupils in year 10. In 09/10, 10 out of 13 LEA maintained secondary schools participated.
  - The Alcohol Harm Reduction Project Officer in Environmental Services delivers alcohol awareness sessions in the City of Bath College and attends Freshers' Week at both local FE colleges and Universities to give out harm reduction information and advice. She has also developed an Interactive Alcohol Harm Reduction Drama Project which will be delivered to all LEA maintained secondary schools in B&NES (February 2011).
  - The Youth Strategy Officer (Avon and Somerset Police) is developing a new alcohol awareness programme 'Under the Influence' which will be delivered in secondary schools in the new year.
  - In 2009-10, 7 Secondary School were recruited to the ASSIST smoking prevention programme and the plan is to roll this programme out further in 2010-11

4.19 Preventative work is coordinated through the Young People's Substance Misuse Group and members of this group are currently actively involved in the refresh of the B&NES Alcohol Harm Reduction Strategy.

## **5 RISK MANAGEMENT**

5.1 A risk assessment related to the issue and recommendations has been undertaken, in compliance with the Council's decision making risk management guidance.

## **6 EQUALITIES**

In 2010, an Equality Impact Assessment and action plan was completed on all substance misuse services for adults and young people in B&NES.

## **7 CONSULTATION**

7.1 This report has been sent to the Section 151 Finance Officer and Monitoring Officer for their consideration

## **8 ISSUES TO CONSIDER IN REACHING THE DECISION**

8.1 Social Inclusion; Customer Focus; Young People; Human Rights;

## **9 ADVICE SOUGHT**

9.1 The Council's Monitoring Officer (Council Solicitor), Section 151 Officer (Divisional Director - Finance) and Divisional Director Health Commissioning & Strategic Planning had the opportunity to input to this report and have cleared it for publication.

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<b>Background papers</b>	
<b>Please contact the report author if you need to access this report in an alternative format</b>	